

ST. CHARLES
COUNTY



COMMUNITY HEALTH
& THE ENVIRONMENT

Preparing for Emergencies

What is Ready in 3?

- A 3-step program designed to help you and your family survive and recover until more help arrives
- **CREATE A PLAN**
- **MAKE A KIT**
- **LISTEN FOR INFORMATION**

Create A Plan

- Know where to go and what to do in an emergency
- Plan for two situations:
 - 1) Staying where you are
 - 2) Evacuation
- Make sure everyone you love knows your plan and practices. Alert one person outside our area, if you can.

Prepare A Kit

- Provides food, drinks, and supplies to keep you and your family safe until help arrives
- What should you put in a kit?
- How many kits should you have?

Special Needs

- Extra medication and back-up batteries
- A list of your allergies or special medical information
- Copies of medical insurance, how to contact your doctor/family and other important documents
- Pet care items

Listen For Information

- Listen to and react when warnings are issued
- Obtain a battery-operated radio in case the power is lost – NOAA Weather Radio
- Sign up with authorities to receive information directly. Use apps wherever possible.
- Text first, instead of phones

Special Considerations

- Know what the facility safety plan is and practice regularly (fire drills, severe weather warnings, discussions)
- Know where your kit and medication is at all times – just in case
- Complete the emergency plan form

Questions??

For more information, please visit <http://health.sccmo.org> or call 636-949-7400.

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