



Emergency Preparedness

Jim Fingerhut – Special Operations Officer
Kyle Gaines – Director of Community Relations

Disaster Defined

An occurrence of a severity and magnitude that normally results in deaths, injuries, and property damage and that cannot be managed through the routine procedures and resources of government.



Types of Disasters

- ▶ Natural
 - Snow and Ice
 - Flooding
 - Earthquake
- ▶ Industrial
- ▶ Transportation
- ▶ Terrorism



Preparation

- ▶ All Hazards Approach
 - Using the all hazards approach allows the same basic principles to be applied to many situations
 - Ensure basic needs
 - Ensure a planned response so loved ones can reunite
 - Heightens awareness before an event occurs

All Hazards

Emergency Services



The Plan

- ▶ Risk Assessment
- ▶ How are you going to react
 - Shelter in place or relocate?
- ▶ Maintain basic needs
 - Food & Water
 - Heat
 - Electric
 - Medication/Equipment



Shelter

- ▶ Shelter in place is often used to control population from further harm. This allows people to stay within their comfort area.
- ▶ Evacuation is a method of control that removes the population for a hazardous or unlivable environment.



Preparing the Home

- ▶ Designate Safe Shelter areas within the home
- ▶ Designate evacuation & communication plan
- ▶ Consider a small generator to run AC/heat, fans, medical equipment, etc.



Prep Kit: Emergency Supplies

- ▶ First Aid Kit
- ▶ Spare batteries
 - Consider all sizes (ie – hearing aid)
- ▶ Lighting
 - Flashlights
 - Lantern



Prep Kit: Food & Water

▶ 3 Day Supply

- Water: 1 gallon per person per day
 - Water cooler acceptable
- Food: no heat/refrigeration required items
 - Ready to eat items
 - Pop top cans

▶ Dietary Restrictions

- Take into account when stocking!
 - Low sodium, low sugar, etc.



Prep Kit: General Supplies

- ▶ Cash
- ▶ Blankets / Sleeping Bag
- ▶ Change of clothing
- ▶ Hygiene supplies
- ▶ Emergency contact list
 - Local & non-local contacts
- ▶ Medical info
 - Medications, medical devices
 - File of Life



Prep Kit: Communications In

▶ AM–FM radio

- This is the primary means of communication for governmental officials to get the word to the public
- The radio should be battery operated

▶ Weather Radio

- Sirens are designed to alert people who are outside to take cover. Newer buildings deaden the sirens.
- Basic model: \$20

▶ Emergency Cell Charger

- Great gift idea for staff/clients



Preparation: Information Out

- ▶ All family members should be aware of plan
- ▶ Establish points of contact and calling trees with family
- ▶ Do not rely on a single point of communications
- ▶ Texting may be preferable to talking



Other Considerations

▶ Medication

- ▶ Keep at least 7 days in home at all times
- ▶ Consider a one -week pill box that can be taken quickly in the event of evacuation

▶ Medical Equipment

- ▶ Portable Oxygen
 - ▶ Inquire about emergency deliver with provider
- ▶ Electric Scooter
 - ▶ How will they charge it?



Planning & Preparation: Keys To Success

- ▶ Residents **MUST** take the necessary preparations for emergencies
- ▶ Police, Fire & EMS resources are going to be extremely taxed during a disaster



More information

- ▶ CDC
 - ▶ State and County Department of Emergency Management
 - ▶ State Department of Senior Services
 - ▶ American Red Cross
 - ▶ Local Responders
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